



A BUNCH GATHERING NEAR YOU

ENLIGHTEN \* ENTERTAIN \* ENCOURAGE

# Greater Cincinnati

NEWSLETTER & EVENT ANNOUNCEMENTS



## Our Mission

We help members find information and motivation to make continuous small changes that better their lives

Sorry, we made some errors on the previous newsletter. The Mason and Hamilton event dates were wrong. They've been corrected below.

We're proud to announce that we're growing. Starting this month, in cooperation with our Community Partner, The National MS Society, we'll have bunches gathering in five locations across Greater Cincinnati. Each bunch will host events at different times of the day and month. We want you to have the opportunity to meet at a time and place convenient to you. As a bunch member, you're invited to attend any scheduled bunch event.

Our new bunches are meeting in...



Mason | Hamilton | Batavia | West Side | NKY

## Our Partners



With the help of our Partners, we share information in a way that works for our members based on their needs and desires.

[Quick Links](#)  
[Our Website](#)  
[Join a Bunch!](#)

## Mason

Spring clean your medicine cabinet with the Mason MS Bunch on Thursday, March 18th at The Fox & Hound on Mason Montgomery Road near Fields Ertel. Brought to you by



National Multiple Sclerosis Society  
Ohio Valley Chapter

[REGISTER >](#)

## Northern Kentucky

Spring cleaning your house with the Northern Kentucky MS Bunch on Tuesday, March 24th at Newport Syndicate. Brought to you by

## Batavia / Milford

Picking fresh fruits and vegetables on Monday March 30th at Gravy Restaurant in Milford.

Brought to you by



National Multiple Sclerosis Society  
Ohio Valley Chapter

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Making Life Easier™

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National Multiple Sclerosis Society  
Ohio Valley Chapter

## West Side

Spring Flowers in your home & garden with the West Cincinnati MS Bunch on Thursday, March 26th at Nick & Tom's in Bridgetown. Brought to you by



Fassler Florist  
FLORAL AND EVENT DESIGNERS



National Multiple Sclerosis Society  
Ohio Valley Chapter

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## Hamilton

Spring Cleaning Your Home with the Hamilton MS Bunch on Wednesday, March 25th at Ryan's Tavern in Hamilton. Brought to you by

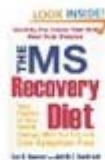


National Multiple Sclerosis Society  
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## The MS Bunch Store

amazon.com



The MS Recovery Diet  
by Ann Sawyer

★★★★★ (15) \$11.02



The MS Workbook: Living Fully With Multiple Sclerosis  
by George H., M.D. Kraft

★★★★★ (8) \$13.57



The Multiple Sclerosis Diet Book  
by Roy Laver Swank

★★★★☆ (44) \$23.10