



Live Life To Its Fullest

Better Access Better Living

Destination Home, LLC

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HOSTESS MESSAGE

As summer winds to a close, my thoughts turn to fallen leaves, freshly sharpened pencils, and soon-to-be-here holidays.

Fall's arrival brings the opportunity to learn, share, and re-emphasize our purpose.

Going forward, some of our events, including the September Lunch! will be "buy your own." We'll still have speakers on important and relevant topics, but no free lunch. I hope, like me, you'll come because you want to connect with other wonderful people.

Let's not forget, from its founding MSLB has always been about people helping people, using the strength of our group to encourage and strengthen each other. For me, the greatest gift from belonging to MSLB is the opportunity to meet and share my life with so many wonderful people.

Sharon Roll
MSLB Cincinnati
Founder & Hostess

LAST EVENT RECAP

On July 17th, 79 members and guests gathered for a fun and informative lunch in West Chester. We heard a moving testimonial from Dorothy regarding the MS Society's care management program. She shared how the Society helped her get herself together and get into school to prepare for the future.

We listened to a great presentation from David Kyle from Team Copaxone. This father of three and associate director of health and physical education at the University of Alabama, shared his story of living with MS and pursuing his dreams. His high energy, very positive message was well received. It's hard to believe that just a few years ago, this energetic and dynamic athlete had to use a cane for mobility and often could barely muster enough energy to work half a day.



We're grateful to our friends at who sponsored David's talk and our Lunch!



CLICK HERE TO

ENTER TO 37th Parallel

WIN 2 FREE TICKETS

Above the

37th Parallel

A one-woman play about living with MS

By Nancy J Jones

For tickets call 859-957-1940
or visit www.thecarnegie.com

Sept. 12 & 13
8 p.m.

The Carnegie Visual
and Performing Arts Center,
1028 Scott St.,
Covington, KY

Tickets \$25

JOIN US FOR LUNCH!

Date	Thursday Sept. 18th
Time	11:00 am to 1:00 pm
Location	Savannah Center, West Chester Ohio
Presentation	Marnie Renda is the founder of Life At Home LLC and Destination Home LLC which provide home safety solutions for elders and persons with disabilities. Marnie graduated from Lafayette College with a B.A. in Psychobiology and from Springfield College with a Master of Education of Occupational Therapy. She is a Certified Aging in Place Specialist through the National Association of Home Builders. She provides occupational therapist home assessments, consultations, home modification recommendations, products and coordination or installation/remodeling projects to enable clients to safely live at home.
Presented By	Destination Home, LLC
With Support From	



National
Multiple Sclerosis
Society
Ohio Valley
Chapter

MS Lunch Bunch
PO Box 498793
Cincinnati, OH 45249
1-877-WE-LUNCH
610-514-5750 FAX
info@mslunchbunch.com

Cost

\$10 for all members and guests
pay online in advance or at the door

Maximum Attendance

limited to first 60 people

Reservations



OUR MISSION



We help members find information and motivation to make continuous small changes to better their lives.

MS NEWS / VIEWS

The [International Journal of MS Care](#) reported how Drs Goodman and Gulick, two US researchers, sought to find out more about dietary practices of people with MS and see if, and how, they are related to MS symptoms and disability levels.

The [Consortium of MS Centers](#) has put together a really good video on the management of spasticity for those with MS. Click below to view the video



In this summer's [MS Care Supplement](#), Dr Bruce Cohen discusses the evolving views of how MS evolves. This fairly technical overview attempts to resolve the epidemiology, pathologic features, natural history, clinical and imaging patterns of MS.

According to the [Journal of Neurology, Neurosurgery and Psychiatry](#), the anti-depressant medication Prozac (fluoxetine) may reduce the formation of new lesions in people with the relapsing-remitting form of multiple sclerosis, according to a preliminary study published online on September 1, 2008.

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