



MS Lunch Bunch

CINCINNATI OHIO BUNCH

Newsletter

November, 2007

Christopher,

Happy Autumn! As we roll into November, we're still testing out some of our new communications tools. This newsletter will come to you each month with a review of our most recent event and an opportunity to reserve a spot for the next one. We also recently re-launched our website: www.mslib.org. The site will continue to evolve as we grow and introduce new tools to stay in touch and be better informed. As a reminder, we're still emphasizing our need to show value to our sponsors and the community by participating in quick and easy surveys. We hope you'll help. As always, please know that your personal information is safe with us. Take a moment to read our [information privacy policy](#). Please let us know what you're thinking.

Thanks,
Sharon Roll

October Luncheon



On October 11th, 82 members and a couple guests attended the lunch at the Crowne Plaza in Blue Ash. Matt Ebacher, Nurse Practitioner and Clinical Research Coordinator for Riverhills Neurology and Research spoke on the benefits of participating in clinical trials. Matt provided some background on what clinical trials are

and how they work. He shared some of the benefits of participation and explained how to find out if a particular trial might be right for you or someone you know. He answered a lot of questions, some of which were pretty difficult to answer. The biggest take-away from his presentation was that participating in a clinical trial has advantages and some drawbacks. Before participating, you should carefully consider both to determine whether you're a good candidate. Following the lunch, your survey feedback was that Matt did a great job: 88% rated the speaker and topic either good or great. Matt's knowledge and his ability to relate that knowledge to the audience were rated highest. 85% said the program improved their understanding of clinical trials. 31% said they were more likely to participate in a clinical trial. Our thanks to Matt, and to Bayer HC for a great

Thanks
to our October
Luncheon
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In This Issue

October Luncheon
MS Symposium

The BENEFIT of early treatment
Clinical Study Database

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November Luncheon
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Thursday, Nov 8th
Montgomery Inn

Chris Goldfus, RN
on the Medtronic
[Intrathecal Baclofen Pump](#)

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[Jack Llewellyn, Ph.D.](#) is founder of the Center for Winning Performance. Dr. Llewellyn is a

lunch.

MS Symposium



On October 11th, many of our members participated in the MS Symposium hosted by the Waddell Center for MS. Held at the Oasis conference center in Milford, the event was a jam packed education and networking event. Sessions were offered on MS symptoms, therapies and techniques. Speakers included

physicians, nurses and researchers. The keynote speaker, Dr. Jack Llewellyn, kept us entertained and engaged during lunch. After his talk, he autographed copies of his most recent book. Many thanks to the sponsors and all the people who worked incredibly hard to bring us a super event. It was appreciated by all who attended.

Early Treatment

THE LANCET

"The right to the highest attainable standard of health is an asset and ally, which is at the disposal of all health workers."

In this month's issue of the Journal Lancet, an analysis of data from the BENEFIT study suggests that early initiation of treatment with interferon beta-1b prevents the development of confirmed disability, supporting its use after the first manifestation of relapsing-remitting MS.

[Read the article in LANCET](#)

Clinical Study Database

The Pharmaceutical Research and Manufacturing Association, which represents companies in the pharmaceutical and biotechnology industry, has developed an online clearinghouse to provide greater access to the results of its clinical studies. The ClinicalStudyResults.org site is a central, widely accessible, web-based repository for clinical study results in a reader-friendly, standardized format. The database will make clinical trial results for many marketed pharmaceuticals more readily available to practicing physicians and their patients.

[Read more about clinicalstudyresults.org](#)

noted sports psychology consultant with more than 30 years' experience working with such notable athletes as Cy Young Award winner John Smoltz, NASCAR's Tony Stewart, Paul O'Neill of the New York Yankees, as well as players with the New York Mets, Cincinnati Reds, Pittsburgh Pirates, Montreal Expos and Houston Astros. Dr. Llewellyn also has worked with NBA, NFL and NHL players, professional boxers, PGA/LPGA golfers, USTA tennis players and Olympic athletes.

Simple Eye Scan Shows Potential To Track Disease

A five-minute eye exam might prove to be an inexpensive and effective way to gauge and track the debilitating neurological disease multiple sclerosis, potentially complementing costly magnetic resonance imaging to detect brain shrinkage - a characteristic of the disease's progression.

[Read the article at Johns Hopkins Medicine](#)

October Photos



Gift of Hope

This email was sent to chris.romano@mslb.org, by sharon.roll@mslb.org
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